



Thermal Packages

Thermal Package 6 days

~~(€ 440,00)~~ € 360

6 Mud baths and thermal shower
6 Massages (25')

Gratis:

1 Medical checkup +
1 Foot reflexology (25') or
1 Body moisturizing cream 150 ml

Thermal Package 8 days

~~(€ 584,00)~~ € 480

the program includes:

8 Mud baths and thermal shower
8 Massages (25')

Gratis:

1 Medical checkup +
1 Foot reflexology (25') or
1 body moisturizing cream 150 ml +
Bathrobe hire included

Thermal Package 12 days

~~(€ 866,00)~~ € 720

the program includes:

12 Mud baths and thermal shower
12 Massages (25')

Gratis:

1 Medical checkup +
1 Body peeling (25') or
1 Foot reflexology (25') +
1 body moisturizing cream 150 ml +
Bathrobe hire included

Massage Package 8 days

8 for 7 circulatory massages (25')

The offer is also valid for Massotherapy (50'),
manual lymphatic drainage (partial 25' and total 50')

Beauty Packages

Experience beauty & relax

~~(€ 184,00)~~ € 150

1 Beauty check-up; 1 facial cleanse including eye contour treatment;
1 berber massage with Argan oil (25'); 1 relaxing massage (50'); 1
hand treatment with softening paraffin mudpack; Bathrobe hire
included.

Detox experience for him or her

~~(€ 192,00)~~ € 160

1 Beauty check-up; 1 peel and draining massage; 1 face peel and
draining massage; 1 reducing and remodeling body cream, Bath-
robe hire included

Anti age programme for him or her

~~(€ 209,00)~~ € 180

1 Beauty check-up; 1 body peel + toning up treatment with phyto-
extract mud and specific massage; 1 Full face cleansing ; 1 Anti
age treatment; 1 hand treatment with softening paraffin mud-
pack; Bathrobe hire included.

Antaralift body or face programme 3 days

~~(€ 240,00)~~ € 200

1 Beauty check-up; 3 treatments using transdermic technology
(lifting effect); Bathrobe hire included.

Anticell./draining or tone up programme 3 days

~~(€ 255,00)~~ € 220

1 Beauty check-up, 1 personalized peel, 2 specific massages with
phyto-extract mud application; 1 localized tone up massage + ban-
dage with phyto-extract ; 1 reducing and remodeling body cream,
Bathrobe hire included.

Absolute relax 3 days

~~(€ 189,00)~~ € 160

1 Beauty check-up; 1 peel and relaxing massage with sweet almond
oil ; 1 Berber massage (50') ; 1 Foot reflexology, Bathrobe hire inclu-
ded.

Shape up body programme 3 days

~~(€ 219,00)~~ € 200

1 Beauty check-up; 3 applications using revolutionary technology
(infrared, radio frequency, mechanical massage); Bathrobe hire
included.

Intensiv body programme 6 days

~~(€ 365,00)~~ € 320

1 body peeling, specific massage with phyto-extract mud application, 1dra-
ining or tone up massage (25') + bandage, 3 applications using revolu-
tionary technology Vela Smooth (infrared, radio frequency, mechanical mas-
sage); 1 reducing and remodeling body cream, Bathrobe hire included.

Price list SPA Wellness e Beauty



To book from your room:

dial number 530

Book from outside the resort:

Tel. +39 081999216 ext. 3

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Thermal Path



Thermal bath*	€ 15
Partial mud bath (hands, feet or knees)*	€ 20
Mud bath and thermal shower*	€ 28
Mud and thermal bath*	€ 38
Inhalation with thermal water	€ 12
Aerosol with thermal water*	€ 12

Therapeutic Treatments & Physiotherapie

Circulatory massage (25')	€ 32
Localized massage (25')	€ 32
Massotherapy (50')	€ 60
Connective massage (50')*	€ 60
Manual lymph drainage (25')	€ 32
Manual lymph drainage (50')	€ 60
Physiokinesitherapy (25')*	€ 50
Hydrokinesitherapy(25')*	€ 50
Local rehabilitation (25')*	€ 40
Medical examination + check-up	€ 40

(*Medical examination compulsory)



Fitness Area

Personal trainer (50')	€ 60
Personal Stretching (25')	€ 40
Individual yoga (Hatha yoga or Kundalini yoga)	€ 40

Bathrobe or Pool towel hiring (1 day)	€ 3
Pool cap (mandatory in all pools)	€ 3

Beauty Farm, Wellness & Holistic

Face Treatments

Antara "Lift" (60')	€ 80
Full face cleansing with specific treatment and eye contour (50')	€ 60
Intensive face treatment with argan oil and rose water (50')	€ 60
Personalized face massage (25')	€ 32
Lymph drainage (25')	€ 32
Anti-age toning up treatment	€ 40
Sebo-balancing treatment	€ 40
Anti-couperose treatment	€ 40
Replenishing & moisturising treatment	€ 40

Body Treatments

Velasmoother	€ 70
Antara Body (60')	€ 80
Peeling with mud or citrus fruits made in Ischia (25')	€ 40
Rasul body peeling & stamp massage (80')	€ 90
Peeling & relaxing massage with sweet almond oil (50')	€ 65
Anti-cellulite or toning or draining massage (50')	€ 60
Local draining or anti-cellulite massage (25')	€ 40
Anti-cellulite or tone up or draining treatment with specific phyto-extract mud (50')	€ 70
Draining massage (25')+ bandage (20')	€ 60
Cryotherapy with bandages (25')	€ 40
Personalized hand treatment (50')	€ 40
Curative pedicure or personalized pedicure (50')	€ 50
Relaxing massage with sweet almond oil (25')	€ 35
Relaxing massage (50')	€ 60
Stamp massage (50')	€ 70
Berber massage with purest Argan oil (25')	€ 35
Berber massage with purest Argan oil (50')	€ 65
Swedana Bath + Berber Massage (80')	€ 90
Ayurveda massage Abhyanga (Abhyanga Anti Dosha 50')	€ 70
Ayurvedic parzial drainage (Neerabyangam 25')	€ 35
Ayurvedic total drainage (Neerabyangam 25')	€ 70
Aromatherapy massage (50')	€ 60
Stone therapy massage (50')	€ 60
Osteopathy	€ 90
Cranial-sacral therapy	€ 90
Foot reflexology (25')	€ 40

Epilation

Lips or eyebrows € 6 / Bikini lines or underarms	€ 12
Arms or lower legs	€ 20
Upper legs and bikini lines	€ 35
Upper and lower legs	€ 40
Total body	€ 70
Mens' back € 40 / Mens' thorax € 35 / Mens' back and thorax	€ 70

Wellbeing Rituals

Plaisir d'Argan (80') (€ 135,00) € 110

An unique sensorial journey starting with a flavored steam bath (Swedana), continuing with Rasul savonage and concluding with a Berber massage with pure Argan oil.

Suntime (50') (€ 123,00) € 100

Preparatory skin treatment for a safe and long-lasting tan. It includes a customised deep (acid-free face and body peeling) with a relaxing Argan oil massage, 1 sun cream 50+, 1 after-sun with soothing and rehydrating effect.

Ayurvedic Path (€ 245,00) € 210

Basic Abhyanga Anti Dosha Massage 50': this is a cognitive approach and basic massage useful to rebalance the Doshas (vital energies, vata, pitta and kapha) that are present in different proportions according to the individual constitution. Based on the prevalence of one of the 3 forces, the therapist will proceed with Curative Oils, essences, healing herbs or milk/coconut milk and appropriated manipulations for the type of Dosha.

Nadi/Muriabhyanga 80': this is a mix of decontracting muscle massage and specific osteo-articular treatment.

Marmabhyangam + Shirodhara 50': it consists of a combination of the massage of vital points, as the ancient Kalari masters used to do, and the intense Shirodhara massage (**known as the "Soul Massage"**) to obtain a deep psycho-physical well-being.

PediCare (50') € 50

Well-being and beauty for your feet removing calluses without using blades or cutters (Calluspeeling™). Suitable for everyone.



Day SPA Packages



Day SPA total body (€ 155,00) € 130

the programme includes:
1 Beauty check-up; 1 bioexfoliant body treatment with fitocosmetic mud ; 1 personalized facial peel; 1 body and face massage with essential oils; 1 softening paraffin pack for hands.

Day SPA anti-age (€ 143,00) € 120

the programme includes:
1 Beauty check-up; 1 personalized facial peel; 1 personalized facial treatment; 1 anti-aging cream with lifting effect.

Day SPA salus (€ 118,00) € 100

the programme includes:
1 full body massage therapy (50'); 1 Foot reflexology (25'), 1 cream gel Arnica.

Day SPA relax (€ 91,00) € 80

the programme includes:
1 relaxing massage with sweet almond oil; 1 specific facial massage, 1 moisturizing body cream.

*** prices are subject to changes .